



A Level P.E. Year 13 – LP5 – GDG 3 REVISION

<p>This half term: Skills, Knowledge and Understanding to be developed:</p> <ul style="list-style-type: none"> • Students will be able to describe a range of theories with reference to key factors within each theory • Students will know the relationship between the body and mind and its' importance within physical activity and sport • Students will demonstrate their understanding of how different theories relate to the performer in action 	<p>Key Terms / Words: Key terms are all included in a key term box within the text book.</p>	
<p>LESSON 1 – Aggression</p> <ul style="list-style-type: none"> • Students will be able to describe the nature of aggression and assertion • Students will know all theories of aggression and understand how to critically evaluate these theories • Students will demonstrate their understanding of how to eliminate aggressive tendencies • Students will know and understand how to approach a 20 mark exam question • Students will understand how to critically evaluate these theories of aggression • Students will demonstrate their understanding of how to eliminate aggressive tendencies 	<p>Success Criteria: Practical application of theories</p>	<p>Homework 1: Reading chapter on Aggression. Write up of practical application of theories</p>
<p>LESSON 2 –</p> <ul style="list-style-type: none"> • Students will be able to discuss reasons for success and failure in sport • Students will demonstrate their knowledge of Weiner's Model 	<p>Success Criteria:</p>	<p>Homework 2: REVISE ALL EXAM QUESTIONS FROM DOCUMENT</p>
<p>LESSON 3 – Attribution theory</p> <ul style="list-style-type: none"> • Students will be able to discuss reasons for success and failure in sport • Students will demonstrate their knowledge of Weiner's Model • Students will be able to justify the use of attributional retraining • Students will demonstrate knowledge and understanding of strategies for the promotion of mastery-orientation and the avoidance of learned helplessness. • Students will know how to evaluate the effects of attribution theory on performance and on sustaining a balanced, active and healthy lifestyle 	<p>Success Criteria: Completion of Weiner's model</p>	<p>Homework 3:</p>
<p>LESSON 4 – SOCIAL FACILITATION:</p> <ul style="list-style-type: none"> • Students will understand the positive and negative effects of the presence of an audience on a performer. • Students will understand the difference between the effects of co-actors and an audience • Students will be able to apply this information to the performer in action. 	<p>Success Criteria:</p>	<p>Homework 3</p>

<ul style="list-style-type: none">• Students will know the theories of social facilitation and their links to sporting examples• Students will understand strategies that can be used to lessen the negative effects of the presence of an audience		
LESSON 5 & 6 – EXAM QUESTIONS ON ALL TOPICS FROM CDG		