



<p>This half term: Skills, Knowledge and Understanding to be developed:</p> <ul style="list-style-type: none"> • Students will be able to demonstrate the basic skills required for a game of hockey. • Students will know some of the basic rules within the game and how to warm up effectively for the activity. • Students will understand how to play a small sided game and understand the roles of a warm up coach and kit manager. 		<p>Key Terms:</p>
<p>Lesson 1 Learning Outcomes: Grip of the stick, Dribbling and handling</p> <ol style="list-style-type: none"> 1. Students will be able to demonstrate the correct grip. 2. Students will be able to dribble with the ball under control. 3. Students will know the basic rule: use the flat side of stick. 4. Students will understand the importance of a warm up and the roles of a warm up coach and kit manager. 	<ol style="list-style-type: none"> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 4. <input type="checkbox"/> 	<p>Grip</p> <p>Dribble</p> <p>Self Pass</p>
<p>Lesson 2 Learning Outcomes: Passing and receiving</p> <ol style="list-style-type: none"> 1. Students will able to perform basic passing and receiving technique with some accuracy and control. 2. Students will understand when and where to use the push pass during a game to keep possession. 3. Students will know the 'Self Pass' rule. 4. Students will understand the importance of a warm up and the roles of a warm up coach and kit manager. 	<ol style="list-style-type: none"> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 	<p>Push Pass</p> <p>Passing</p> <p>Goal circle 'D'</p>
<p>Lesson 3 Learning Outcomes: Defending and use of the block tackle</p> <ol style="list-style-type: none"> 1. Students will be able to block tackle technique in isolation and under the pressure of a game. 2. Students will know when to use the block tackle in a game. Students should develop the knowledge of strong and weak side and evaluate own strong side. 3. Students will understand more of the rules of hockey and begin to officiate correctly. 4. Students will lead a warm up and the roles of a warm up coach and kit manager. 	<ol style="list-style-type: none"> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 	<p>Flat side of stick</p> <p>Control box</p> <p>Indian Dribble</p>
<p>Lesson 4 Learning Outcomes: Outwitting opponents/use of space</p> <ol style="list-style-type: none"> 1. Students will be able to outwit opponents using passing, receiving and moving. 2. Students will be able to perform skills in a small sided game making decisions about how best to advance on opposition. 3. Students will understand the importance of width in order to attack. 4. Students explore ideas, concepts of attacking play when in space and with the ball. 	<ol style="list-style-type: none"> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 4. <input type="checkbox"/> 	<p>Loose Dribble</p> <p>Close Dribble</p>
<p>Lesson 5 Learning Outcomes: Shooting</p> <ol style="list-style-type: none"> 1. Students will be able to shoot using a push pass with accuracy towards the goal. 2. Students will know the area in which you are to shoot in when playing a game. 3. Students will be able to discuss tactics in a small sided game evaluating strengths and weaknesses.(ORACY: 70C1) 4. Students will lead a warm up and manage their manager. 	<ol style="list-style-type: none"> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 	

All assessments within practical lessons will be ongoing. A final assessment will be completed through a rich task wherever possible in line with Curriculum guidelines. N.B. Due to the nature of the subject, lesson content may vary from that listed above.

Lesson 6: Assessment

Students will apply and demonstrate new knowledge and skills in an end of unit rich task. This will be teacher assessed and therefore is subjective.

1. Complete a thorough individual warm up suitable for hockey
2. Apply a range of skills and make correct decisions to keep possession in a small sided conditioned game

Grade:

All assessments within practical lessons will be ongoing. A final assessment will be completed through a rich task wherever possible in line with Curriculum guidelines. N.B. Due to the nature of the subject, lesson content may vary from that listed above.